



EuroGames Bern 2023

27.07./28.07.2023



Continue Event 1 - 50m Butterfly Mixed

Master 55-59 Men

1. Lamb, James 1968 GBR Gloucester Masters Swimming Club 00:36,65

Continue Event 4 - 100m Freestyle Mixed

Master 55-59 Men

2. Lamb, James 1968 GBR Gloucester Masters Swimming Club 01:12,74 +02.13
50m: 00:33,66, 100m: 01:12,74 (00:39,08)

--- 2. Session ---

Continue Event 8 - 400m Ind. Medley Mixed

Master 55-59 Men

2. Lamb, James 1968 GBR Gloucester Masters Swimming Club 07:22,34 +34.41
50m: 00:44,48, 100m: 01:43,03 (00:58,55), 150m: 02:44,85 (01:01,82), 200m: 03:46,84 (01:01,99)
250m: 04:47,72 (01:00,88), 300m: 05:47,62 (00:59,90), 350m: 06:37,92 (00:50,30), 400m: 07:22,34 (00:44,42)

--- 3. Session ---

Continue Event 10 - 50m Freestyle Mixed

Master 55-59 Men

2. Lamb, James 1968 GBR Gloucester Masters Swimming Club 00:31,99 +00.57

Continue Event 14 - 400m Freestyle Mixed

Master 55-59 Men

4. Lamb, James 1968 GBR Gloucester Masters Swimming Club 06:28,68 +41.50
50m: 00:43,35, 100m: 01:31,07 (00:47,72), 150m: 02:22,49 (00:51,42), 200m: 03:13,71 (00:51,22)
250m: 04:03,91 (00:50,20), 300m: 04:54,77 (00:50,86), 350m: 05:44,19 (00:49,42), 400m: 06:28,68 (00:44,49)

Continue Event 15 - 100m Ind. Medley Mixed

Master 55-59 Men

2. Lamb, James 1968 GBR Gloucester Masters Swimming Club 01:25,02 +02.32
50m: 00:41,85, 100m: 01:25,02 (00:43,17)

--- 4. Session ---



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Continue Event 17 - 200m Freestyle Mixed

Master 55-59 Men

3. Lamb, James 1968 GBR Gloucester Masters Swimming Club 02:53,47 +05.22
50m: 00:40,15, 100m: 01:24,27 (00:44,12), 150m: 02:10,49 (00:46,22), 200m: 02:53,47 (00:42,98)

Continue Event 20 - 200m Ind. Medley Mixed

Master 55-59 Men

2. Lamb, James 1968 GBR Gloucester Masters Swimming Club 03:13,07 +05.02
50m: 00:39,13, 100m: 01:32,79 (00:53,66), 150m: 02:29,43 (00:56,64), 200m: 03:13,07 (00:43,64)